

Sondra Baker candidate form



My name is Sondra Baker and I am your **Advocate in Action!**
Please check out my website **www.vote4SondraBaker.com**

I have been working hard in this advocate role, ensuring your **voices are heard** and your **concerns are represented**. I recently returned from Ottawa, where I proudly **represented HSAA** at the National Union of Public and General Employees (NUPGE). I have advocated for you by **lobbying politicians** at the Legislature, and while I was selected to lobby federally at Parliament Hill, the PM prorogued Parliament.

Our members are **heroes**—paramedics, social workers, therapists, lab techs and others, who strive to enhance the lives of Albertans everyday. **What we do matters** and I will fight to ensure that you are supported. What is important to YOU is important to me.

My Experience

I actively serve as a **Steward for Southport Local**, I am a member of the **CBRP Committee**, **CBRP Committee Working Group**, and was a member of the **Indigenous Working Circle Group**. I work hard in my union roles because I believe that action is where change is made. No one ever baked a pie by staring at the recipe ;)

I show up. I take action. Because I know the sacrifices you make and the challenges we face together. I have dedicated **over 20 years** to health care, starting on the front lines in Senior Care with recreation therapy, home care delivery, Occupational Therapy and Physiotherapy. Currently I am an **Educator** with the Indigenous Health Education Team at the Indigenous Wellness Core. My team is deeply passionate about education—check out our latest courses on MLL under Indigenous Health Education.

About Me

For **26 years**, I have proudly called **Alberta my home**. As the wife of an emergency responder for over 25 years, I **understand firsthand the sacrifices and challenges that service professionals and their families face**. Originally from the East Coast, I have a deep love for the outdoors, camping, grilling, and staying active by lifting weights with my husband and adult children.

Beyond my family life, I am also a dedicated **caregiver** for my father. Professionally, I am an **entrepreneur**, **beer maven**, and **event speaker**. Above all, I am a **proud mother to two compassionate adult children and a devoted dog mom to my two French bulldogs, Yoda and Belle**.

Why Vote for Me?

I **understand** the issues you face and the **concerns of our diverse disciplines**. You should never have to worry about job security or fighting for the resources you need—**that's my job**. I will be **available**, **I will listen**, and **I will fight for you**. I am a confident and assertive **leader** who faces challenges head-on and **never backs down from difficult conversations**.

Vote Sondra Baker from April 15 to April 22, 2025 (until 12:00 PM). Let's make a difference—together.

In solidarity, Sondra

HSAA
The Union of Healthcare Professionals

Lets connect!

*I am happy to chat
or meet your team in person.*

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